



MASTER CYCLE SCHEDULE



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FACEBOOK.COM/GRACIEJIUJITSUPHOENIX • 13637 N. Tatum Blvd., Suite 18 • Phoenix, AZ 85032

January 2022

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|--|--|
| 27 Side Mount 7:15 p.m. - 8:15 p.m. | 28 Side Mount 12:15 p.m. - 1:15 p.m. | 29 Side Mount 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m. | 30 Reflex Development 11:00 a.m. - 12:00 p.m. | 31 CLOSED New Year's Eve | 1 CLOSED New Year's Day |
| 3 Side Mount 7:15 p.m. - 8:15 p.m. | 4 Side Mount 12:15 p.m. - 1:15 p.m. | 5 Side Mount 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m. | 6 Reflex Development 11:00 a.m. - 12:00 p.m. | 7 Fight Simulation/Review 12:15 p.m. - 1:15 p.m. | 8 Reflex Development 7:30 a.m. - 8:30 a.m. |
| 10 Side Mount 7:15 p.m. - 8:15 p.m. | 11 Side Mount 12:15 p.m. - 1:15 p.m. | 12 Side Mount 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m. | 13 Reflex Development 11:00 a.m. - 12:00 p.m. | 14 Fight Simulation/Review 12:15 p.m. - 1:15 p.m. | 15 Reflex Development 7:30 a.m. - 8:30 a.m. |
| 17 Side Mount 7:15 p.m. - 8:15 p.m. | 18 Side Mount 12:15 p.m. - 1:15 p.m. | 19 Side Mount 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m. | 20 Reflex Development 11:00 a.m. - 12:00 p.m. | 21 Fight Simulation/Review 12:15 p.m. - 1:15 p.m. | 22 CLOSED Instructors at Gracie University |
| 24 Side Mount 7:15 p.m. - 8:15 p.m. | 25 Side Mount 12:15 p.m. - 1:15 p.m. | 26 Side Mount 12:15 p.m. - 1:15 p.m. 7:15 p.m. - 8:15 p.m. | 27 Reflex Development 11:00 a.m. - 12:00 p.m. | 28 Fight Simulation/Review 12:15 p.m. - 1:15 p.m. | 29 Reflex Development 7:30 a.m. - 8:30 a.m. |
| 31 Side Mount 7:15 p.m. - 8:15 p.m. | NOTES: | | | | |